

BUY FRESH BUY LOCAL®

Illinois

BINGO

Order takeout from a farm to table restaurant

Send a thank you note to your favorite farmers

Like 4 new local business Facebook or Instagram pages

Shop over the phone or with a local food retailer

Tell an employee at a local grocer that they are appreciated

Order online from a local food retailer

Share some extra food with your neighbors

Write a positive review for a local food business

Search to find out when your local farmers market opens

Share the positive about being at home on social media

Check on your older neighbors or family

Watch a video to learn about growing something new



Share a local food retailers social media post

Go for a walk on a local path or trail
(please observe CDC guidelines)

Interact with a local food businesses' social media post

Go through a curbside pickup from a local food restaurant

Tip extra!

Have a virtual dinner with your friends or family

Write 5 positive reviews for local food businesses

Give a positive Yelp review to a local food business

Prepare your garden for the growing season

Email a local food business owner a positive note

Purchase a gift card to your favorite local food business

Tag #BFBIllinois in an Instagram post

Find local food today at www.buyfreshbuylocalillinois.org

and follow along at:    

